



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion October 2010

Programs

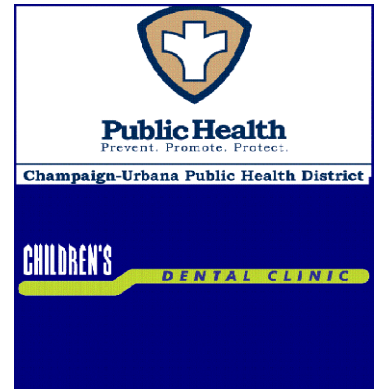
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU	Co.
New Patient	42	14
Visits by Patients of Record	311	13
Total Patient Visits	353	27
Treatment Provided		
Diagnostic & Preventative Care	798	
General Dental Care*	316	



Number of Days Clinic Open 20

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	CU
New Patient	20
Visits by Patients of Record	114
Total Patient Visits	134
Treatment Provided	
Diagnostic & Preventative Care	373
General Dental Care	58
Number of Days Clinic Open	15

Events

In Celebration of Oral Hygiene Month, Friendly Dental Visit volunteers handed out Halloween Toothbrushes to MCH/WEC children while teaching how to brush and what to expect at the first Dental Visit. Volunteers are UIUC students majoring in Community Health or in Pre-Dental Cluc. Over 400 Halloween toothbrushes were given away.

MATEC: Oral Cancer Update for Dental Professional: 35 Dentists, Hygienists, and other Oral Health Professionals attended October's Midwest AIDS Training & Education Center's Continuing Education Program on Oral Cancer Updates hosted by C-UPHD's Dental Program. Oral Health Continuing Education Programs are offered to Oral Health Professionals twice each year and are free of charge.

Snacking Styles 4 Healthy Smiles: Education on Infant & Toddler Oral Health Care & Nutritious Snacking is made available to WIC families through a partnership between C-UPHD Dental and Maternal & Child Health Programs and the UI Extension. The program was piloted during the Summer, 2010 and returned in October, 2010. Classes are scheduled twice each Monday afternoon and meets a WIC education requirement. Parent's of children age 15-35 months are encouraged to sign up for classes with MCH. In October 11 families attended.

Mobile Dental Clinics: 2010-11

Champaign Schools:

Barkstall : August 24, 2010 -28exams 6 sealants
Bottenfield : March 28, 2011
Carrie Busey: February 15, 2011
Dr. Howard : January 18, 2011
Kenwood : August 10, 2010 -35 Exams 5 Sealants
Robeson : March 15, 2011
South Side : February 1, 2011
B.T. Washington : February 8, 2011
Westview : February 23, 2011
Jefferson Middle School: January 25-27, 2011
Garden Hills : November 30, 2010
Franklin Middle School: December 14, 2010
Edison Middle School: December 7, 2011
Stratton: November 17-18, 2010
Champaign Early Childhood: August 30-September 2, 2010

Urbana Schools:

Urbana Middle School:
Sept. 21-22, 2010
37 Exams 39 Sealants
Leal: September 14, 2010
53 Exams 11 Sealants
Thomas Paine: October 19, 2010
Prairie: September. 28, 2010
24 Exams 2 Sealants
Wiley: October 26, 2010
ML King: October 12, 2010
Yankee Ridge: November 2, 2010
Washington Early Childhood:
October 19-21, 2010

Pavilion School: TBA

Upcoming Events



**Give Kid's a Smile Day is
Saturday, February 5, 2011**

Adult Immunization

Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

Immunizations	C-U	Co	Other
Hepatitis A	2	1	
Hepatitis B	6	2	
Polio	2	1	
Mumps, Measles, Rubella	3		
Tetanus and diphtheria	4	1	1
Tetanus, diphtheria and acellular pertussis	4	2	
Hepatitis A and Hepatitis B	3	1	
Typhoid	1	1	
Varicella /chickenpox	3		
Flu/Pneumonia	34	1	
Total Immunizations for	62	10	1

73



Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 –Ask for Theresa

Diabetes Outreach Meetings

Outreach meetings were held at senior Hi rises. Several persons reported on their A1c results, discussion developed about the meaning and usefulness of the information going into the winter season. Most people find their A1c rises in the winter because of lower activity levels and possible weight gain. The participants at Sunnycrest explored ways to let other residents know that November is Diabetes Month. We all had fun exploring the fall food possibilities with an eye to the coming holidays. The groups agreed on the need to maintain activity even indoors as the weather changes.

The CUPHD Diabetes Program

The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control. In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation

IDPCP Enrollment /Reviews 3
 Diabetes Newsletter distribution 0



Tobacco Programs

Break the Habit

A 7-week, 8 session class that focus is on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	Total # of people	4
County	Total # of people	4



Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	0
County	# of Complaints	3



Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

CU	# of times presented (Count complete programs, not sessions)		Total # of people served	
County	# of times presented (Count complete programs, not sessions)	1	Total # of people served	26

NOT HERE



A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	# of Attempts	16	# of Sales	74
County	# of Attempts	4	# of Sales	38

Other Education Programs

Training Intervention Procedures (T.I.Ps)

Training Intervention Procedures (T.I.Ps) is an alcohol serving training program. CUPHD partners with The Champaign Police Department to bring this program to area alcohol servers.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	1	Total # of people served	23
County	# of times presented <small>(Count complete programs, not sessions)</small>		Total # of people served	

Handwashing Education

Education on hand washing, food safety, and illness prevention is provided when a need is determined

CU	# of times presented	1	Total # of people	10
County	# of times presented		Total # of people	

CATCH Program



Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	390
Thomasboro Elementary, Thomasboro	185
Unity West Elementary, Tolono	490
Fisher Grade School, Fisher	318
Carrie Busey	390

SPECIAL EVENTS

Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	76	65		141	73			73
Rescreened								
Threshold								
Referred	2	2		4				

Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	78	63		141	24			24
Rescreened								
Referred	1			1	3			3
w/ Glasses	1	2		3	15			15
w/ Glasses- Referred								

2010

- October 12-13: First School
- October 18-20: Little Lamb & St. John's
- October 26-27: United Methodist Child Care
- November 3: Anabel Huling Early Childhood Center
- November 9: American Lutheran Church Christian Nursery
- December 1: Bundles of Joy Learning Center
- December 7-8: First Baptist Church Preschool

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	544	324	532	441	1841
New Clients Enrolled	18	4	13	11	46
Provider & Community Outreach	7	7	8	9	31

IBCCP held Enrollment Day Events in October for Breast Cancer Awareness Month

Champaign Co.

Tuesday October 19, 2010
 Frances Nelson Health Center -16 women
 Champaign, IL 61820

McLean Co.

Monday, October 25, 2010
 Community Health Care Clinic - 4women
 Normal, IL 61761

Vermilion Co.

Monday, October 25, 2010
 Aunt Martha's Health Center -20 women
 Danville. IL 61832

IBCCP Information was also distributed through:

- 10/9 Salem Baptist Church - 80 women
- 10/15 Urbana Adult Ed - 25 women
- 10/15 Church of the Living God - 75 women
- 10/23 Fashion Bug - 20 women
- 10/27 Bethel AME Church - 100 women
- 10/26 Franklin/Jefferson Girls Basketball game - 50 women
- 10/27 Mt. Olive Church - 60 women



IBCCP will have a booth at the Ladies Night Out @ the iHotel on 11/4/10. Approximately 200 women are expected to attend.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	203	108	6	317
New clients enrolled	10	4	0	14
Number of clients completing an integrated visit	14	5		19
# of LSI classes held	0	0	0	4
Average number of women attending LSI class	9.5	2	0	11.5

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

An English LSI-3 session will take place in October 2010. These classes will held on Oct. 2, 9, 16, and 23, 2010 from 9:30 - 11:00am in the main CUPHD conference room. Attendance varied from 9 to 14 women at each class.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer Illinois Wisewomen	Cathy Propst Program Coordinator	531-2916
Health Promotion Adult Immunization	Nikki Hillier Program Coordinator	531-2914
Dental Vision-Cooperative/ Hearing & Vision	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Jessie McClusky Program Coordinator	531-2890

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p>Theresa Truelove Judy Krumwiede Mimi Rivera</p>	<p style="text-align: center;">Dental Hygienists</p> <p>Amanda Wright Michelle Kramer Jill Hart Terri Jesiolowski (PRN) Allie Winland (PRN)</p>	<p style="text-align: center;">Health Educators</p> <p>Jennifer Jackson Janice Walker Deanna Williams</p>
<p style="text-align: center;">Dentist</p> <p>Dr. Jim Wahl Dr. Kara Ruffatto Dr. Grenda</p>	<p style="text-align: center;">Dental Assistants</p> <p>Marda Keys Crystal Ott</p>	<p style="text-align: center;">Administrative Assistants</p> <p>Maria Capps Pam Simmons</p>
<p style="text-align: center;">Volunteers</p> <p>Nedra Brown Max Woolf Kelsey Miller Megan Eiten Kelly Boyle Kourtney Radochonski Sandy Morales Bansari Patel</p>	<p style="text-align: center;">Interns</p> <p>Francesca Moral Michael Ori Nikki Hagen Karen Gomez Elizabeth Sams Kelly Podkowa</p>	<p style="text-align: center;">IBCCP Intake Specialists</p> <p>Kathy Reardon Amanda Ziemnsky Leah Brunkow Talia Oakley</p>
		<p style="text-align: center;">Vision & Hearing Tech</p> <p>Becky Black</p>