



**Public Health**  
Prevent. Promote. Protect.

**Champaign-Urbana Public Health District**

Division of  
Wellness & Health Promotion  
July 2010

Programs

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# CUPHD Dental Program

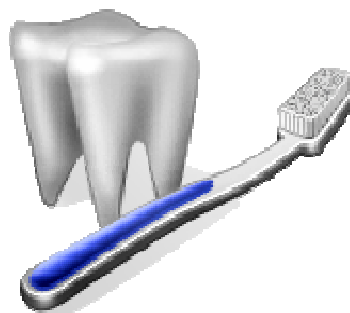
Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday. The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU	Co.
New Patient	82	6
Visits by Patients of Record	373	11
<b>Total Patient Visits</b>	<b>455</b>	<b>17</b>

## Treatment Provided

Diagnostic & Preventative Care	<b>1,074</b>
General Dental Care*	<b>313</b>
Average Procedures per Patient	<b>2.9</b>

**Number of Days Clinic Open**      **20**



## Upcoming Events

August 5th:  
SnackingStyles4Healthy  
Smiles with MCH & UI  
Extension

August 11: "Sprout"  
Children's Dental  
Education Programing  
with MCH

August 14: Salt & Light  
Back to School Back  
Pack Program: Sealant  
Program Info

August 16: Vineyard  
Back to School Blast:  
Dental Clinic Info,  
toothbrushes,  
Hearing &  
Vision Screenings

August 18: Circle of  
Friends: Seniors Dental  
Education Presentation

# Urbana School Health Center Dental

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an



Urbana Visits	CU
New Patient	24
Visits by Patients of Record	91
<b>Total Patient Visits</b>	<b>115</b>

## Treatment Provided

Diagnostic & Preventative Care	<b>227</b>
General Dental Care	<b>32</b>
Average Procedures per Patient	<b>2.3</b>

**Number of Days Clinic Open**      **16**

## July Events

**SnackingStyles4HealthySmiles:** 25 MCH/WIC children and their parents have taken part in this program that partners with Dental & UI Extension to offer Snacking Nutritional Education with Oral Health Education to parents of children 12-35 months of age. This is a pilot program that will be used to attract grant dollars.

**School Dental Sealant Clinic Kits** were distributed to all Unit 4 & Unit 116 schools so consents for in school dental treatment were made available during registration. Schools will be contacted after registration to scheduled C-UPHD's Mobile Dental Program for the 2010-11 school year. During FY10 over 1,000 C-U children received dental services at school.

### Mobile Dental Clinics: 2010-11

#### Champaign Schools:

Barkstall Elementary: **August 24, 2010**  
 Bottenfield Elementary: **TBA**  
 Carrie Busey Elementary: **TBA**  
 Dr. Howard Elementary: **TBA**  
 Kenwood Elementary: **TBA**  
 Robeson Elementary: **TBA**  
 South Side Elementary: **TBA**  
 B.T. Washington Elementary: **TBA**  
 Westview Elementary: **TBA**  
 Jefferson Middle School: **TBA**  
 Garden Hills Elementary: **TBA**  
 Franklin Middle School: **TBA**  
 Edison Middle School: **TBA**  
 Stratton Elementary: **TBA**  
 Champaign Early Childhood: **TBA**

#### Urbana Schools:

Urbana Middle School: **TBA**  
 Leal: **January 21, 2010**  
 Thomas Paine: **TBA**  
 Prairie: **TBA**  
 Wiley: **TBA**  
 ML King: **TBA**  
 Yankee Ridge: **TBA**  
 Washington Early Childhood

**Pavilion School: TBA**

## Dental Education

UIUC Pre-Dental Students provide Oral Health Care Education to parents and children in the Maternal & Child Health Playroom several days per week.



Amanda Niles, RDH visited Happi House Daycare in Urbana to talk with children about brushing & flossing. Oral Health presentations are available by calling **531-5253**.



Dental Puppets, the Delta Dental "Teeth-on-the-Go" Kit and other oral health education aids are available on loan by calling **531-5253**.  
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on loan by calling  
**531-4538.**



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# Adult Immunization

## Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

Immunizations	C-U	Co	Other
Hepatitis A	2		
Hepatitis B	4	1	
Polio			
Meningococcal / Menactra			
Meningococcal / Menomune			
Mumps, Measles, Rubella	9	1	
Tetanus and diphtheria	4		
Tetanus, diphtheria and acellular pertussis	5		1
Hepatitis A and Hepatitis B	1		
Typhoid	1		
Varicella /chickenpox	7		
Flu/Pneumonia Walk-Ins	2		
BG Check			
BP Check			

**Total Immunizations for June**      **35**      **2**      **1**  
 A total of 55 people were served

**38**



Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 –Ask for Theresa

## Diabetes Outreach Meetings

15 attended three Diabetes outreach meetings held at Round Barn, Washington Square and Sunnycrest Manor. Discussed at the meetings were carbonated drinks, table sugar, and other caloric sweeteners found in prepared and processed foods and the negative impact they have on cholesterol levels. The good news is that changing eating habits, amounts and adding exercise helps prevent or delay the onset of diabetes.

## The CUPHD Diabetes Program

The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control. In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

IDPCP Enrollment /Reviews      0  
 Diabetes Newsletter distribution      266

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# Health Promotion

## Other Education Programs

### Training Intervention Procedures (T.I.Ps)

T.I.P.s is an alcohol serving training program. CUPHD partners with The Champaign Police Department to bring program to area alcohol servers.

CU	# of times presented	0	Total # of people served	0
	(Count complete programs, not sessions)			

### Nutrition Education

Age-appropriate nutrition education is provided to classrooms by request.

CU	# of times presented	1	Total # of people served	68
	(Count complete programs, not sessions)			



### Juvenile Detention Center Outreach

Various days throughout the month, our health educators provide a variety of programs to the youth the Juvenile Detention Center. Topics include sexual health, nutrition, and tobacco. This month's was Tobacco education.

CU	# of times presented	1	Total # of people served	5
	(Count complete programs, not sessions)			

### Health Educators assisted with the Child Safety Seat Inspection Station, a program run through our of Maternal and Child Health

Times Assisted	0
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### CATCH Program

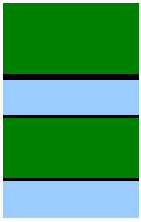


Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

#### Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	488
Thomasboro Elementary, Thomasboro	202
Unity West Elementary, Tolono	410
Fisher Grade School, Fisher	318
Carrie Busey	410





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# Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reimbursement.

## Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	1			1	2			2
Rescreened								
Threshold								
Referred	1			1				

## Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	1			1	2			2
Rescreened								
Referred					1			1
w/ Glasses								
w/ Glasses-Referred								

Multi Culture Community Center, Urbana  
 Bundles of Joy Learning Center, Champaign  
 Coop Nursery School of C-U, Champaign  
 Happi House Learning Center II, Urbana  
 Playtime Preschool, Inc., Urbana  
 Kids 1st Child Care Center, Inc., Champaign  
 Kindercare Learning Center, Champaign  
 La Petite Academy, Champaign  
 Early Learning, Champaign  
 Bradley Learning Center, Champaign  
 Uni Primary, Urbana  
 Eager Beaver Preschool, Champaign  
 Children's Center Day Care, Champaign  
 Little Lamb Preschool, Champaign

Next Generation Early Learning, Champaign  
Child Development Lab, Urbana  
Child Development Laboratory, Urbana

# Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
<b>Number of Active clients</b>	529	328	526	441	<b>1824</b>
<b>New Clients Enrolled</b>	20	7	9	12	<b>48</b>
<b>Provider &amp; Community Outreach</b>	31	9	19	13	<b>72</b>

## Events

Satisfaction Surveys were sent to 25% of our clients and all of our contracted medical providers in June and July. Results which have returned to date are very positive indicating a great level of satisfaction with IBCCP services and staff.



Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total num of Champaign County women served.

## WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
<b>Number of active clients</b>	182	102	4	<b>288</b>
<b>New clients enrolled</b>	9	9	0	<b>18</b>
<b>Number of clients completing an integrated visit</b>	13	6	1	<b>20</b>
<b># of LSI classes held</b>	0	0	0	<b>0</b>
<b>Average number of women attending LSI class</b>				<b>N/A</b>

### News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

Division staff participate on the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Human Services Council
- Champaign-Urbana Campus Community Coalition
- Regional Prevention Group
- Unity West Wellness Committee Meeting
- Campaign for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Illinois Coalition for School Health Centers
- National Assembly for School Health Care
- Coordinated School Health Grantee Meeting
- Dr. Howard Elementary Wellness Committee Meeting
- Fisher Grade School Wellness Team Meeting
- Childhood Wellness Task Force
- C-U Area Fitness
- East Central Illinois Asthma Partnership



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

[http://www.cuphd.org/diabetes\\_resources.html](http://www.cuphd.org/diabetes_resources.html)

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

[www.ifloss.org](http://www.ifloss.org)

[www.stock2forflu.com](http://www.stock2forflu.com)





# Wellness & Health Promotion Contacts

**217-373-7901**



**The Division of**  
Wellness & Health Promotion

**Deb Fruitt**                      531-2921  
Director

**Illinois Breast &  
Cervical Cancer**  
Illinois Wisewomen

**Cathy Propst**                      531-2916  
Program Coordinator

**Health Promotion**  
Adult Immunization

**Nikki Hillier**                      531-2914  
Program Coordinator

**Dental**  
Vision-Cooperative/  
Hearing & Vision

**Alicia Ekhoﬀ**                      531-4538  
Program Coordinator

**Urbana School**  
Health Center

**Jessie McClusky**                  531-2890  
Program Coordinator

**Have questions about Wellness and Health Promotion?  
Get more information on our website!**

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;"><b>Nurses</b></p> <p>Theresa Truelove Judy Krumwiede</p>	<p style="text-align: center;"><b>Dental Hygienists</b></p> <p>Amanda Wright Michelle Kramer Jill Hart Terri Jesiolowski (PRN) Allie Winland (PRN)</p>	<p style="text-align: center;"><b>Health Educators</b></p> <p>Jennifer Jackson Janice Walker Deanna Williams</p>
<p style="text-align: center;"><b>Dentist</b></p> <p>Dr. Jim Wahl Dr. Kara Ruffatto Dr. Grenda</p>	<p style="text-align: center;"><b>Dental Assistants</b></p> <p>Marda Keys Crystal Ott</p>	<p style="text-align: center;"><b>Administrative Assistants</b></p> <p>Maria Capps Pam Simmons</p>
<p style="text-align: center;"><b>Volunteers</b></p> <p>Jacqueline Rodriquez Sammy Cordell Nikki Hagen Nedra Brown Caitlin Krause Kara Barthelme Ariel Zuckerman Megan Eiten Evan Devoe</p>	<p style="text-align: center;"><b>Interns</b></p> <p>Niketa Patel Chessa Calabrese Bridget Kern Danielle Brown</p>	<p style="text-align: center;"><b>IBCCP Intake Specialists</b></p> <p>Kathy Reardon Amanda Ziemnsky Leah Brunkow Talia Oakley</p>
		<p style="text-align: center;"><b>Vision &amp; Hearing Tech</b></p> <p>Becky Black</p>

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