



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division Of Wellness & Health Promotion

August 2008 REPORT

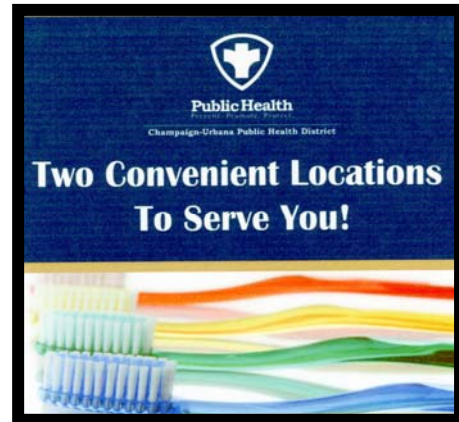
Programs

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CUPHD Dental Program

Champaign-Urbana Public Health District's Dental Clinic is located at 201 W. Kenyon Road, Champaign and sees children ages 3-18 enrolled in Champaign or Urbana School Districts. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-531-4279 for an appointment.

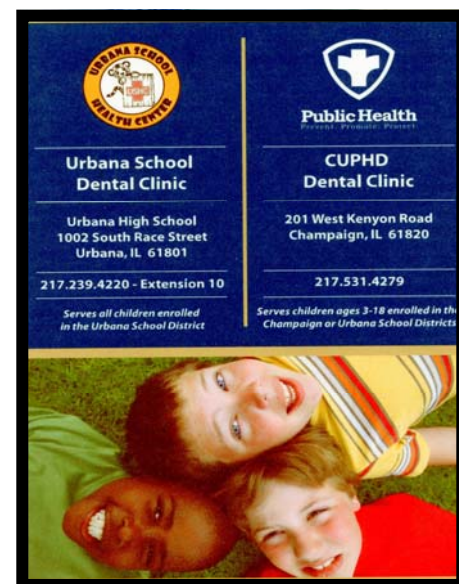
August 2008 Champaign Clinic Visits	C-U	Co	Other
New Patient	77	9	0
Visits by Patients of Record	265	14	0
Total Patient Visits	342	23	0
Procedures			
Total Procedures Performed	1093		
Average Procedures per Patient	3.01		
Adult Patients			
Adult Patients Scheduled	9		
Adult Patients Visits	7		
Number of Days Clinic Open	20		



Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

August 2008 Urbana Visits	C-U	Co	Other
New Patient	45	9	0
Visits by Patients of Record	99	2	0
Total Patient Visits	144	11	0
Procedures			
Total Procedures Performed	451		
Average Procedures per Patient	2.99		
Number of Days Clinic Open	17		



CUPHD Dental is a member of IFLOSS. For Information please visit the link below: www.ifloss.org

Upcoming Events

CUPHD Dental was recently awarded a grant in the amount of \$3,000 from the Illinois State Dental Society Foundation to provide fluoride varnish to infants and toddlers participating in Maternal & Child Health's WIC program. A hygienist is available on a walk-in basis by referral from MCH two days per month. Parents are instructed in the proper care of their child's teeth while the hygienist screens for moderate to high risks of developing Early Childhood Caries.

September & October dates for the walk-in fluoride varnish clinic are:

September 15: 1 pm - 4 pm

October 15: 8am - 4 pm

October 16: 1 pm - 4 pm

For more information about the benefits of fluoride varnish please visit: <http://www.illinoisap.org/oralhealth.htm>

Kara Ruffatto, DMD will join the Champaign Clinic on September 8, 2008. **James Wahl, DDS** will move to the Urbana School Health Center full time on September 15, 2008. **Robert Grenda, DDS** will continue to travel to C-U schools with the school sealant program.

School Sealant Visits

The CUPHD Dental Team will be at the following schools this fall to provide dental screenings, sealants, cleanings, and fluoride varnish:



Barkstall Elementary:	October 21-23
Bottenfiled Elementary:	November 17-19
Carrie Busey Elementary:	December 2-3
Dr. Howard Elementary:	September 22-23
Kenwood Elementary:	November 12-14
Robeson Elementary:	December 15-17
South Side Elementary:	October 6-8
B.T. Washington Elementary:	November 3-5
Westview Elementary:	December 8-10
Jefferson Middle School:	October 27-29

Dental Education

CUPHD dental hygienist, Amanda Wright, presented oral health educational programs to children at The Pavilion and the Champaign County Juvenile Detention. Amanda worked with children on brushing and flossing and distributed free toothbrushes and toothpaste. Additional presentations are scheduled on September 8th & 15th.

CUPHD Dental is available for Oral Health and Dental Care Presentations. For more information, please contact: **Alicia Ekhoﬀ**
Dental Program Coordinator
(217) 531-4538
aekhoff@cuphd.org



Important Announcements

CUPHD no longer offers appointments for new adult patients. Adult with the medical card may call Doral Dental for referrals. Effective January 1, 2009, all patients of the Champaign Dental Clinic will be required to have All Kids or the Medical Card as primary or secondary insurance in order to obtain dental services.

The Urbana School Health Center (USHC) consists of a partnership of local agencies dedicated to the health and well being of children. Services provided at USHC are available to ALL students of the Urbana School District. Services are available during the child's school day, allowing for consistent, convenient, carefree medical, dental, and mental health services - from routine exams and procedures to acute care issues stemming from injuries or chronic disease conditions to counseling and wellness programs - USHC's community care approach ensures children the best care possible - away from home.



There are currently **3427** students enrolled in the program, 60% of the Urbana School District

Medical - A Partnership with Frances Nelson Health Center

Visits

New Patient	80
Visits by Patients of Record	131
Total Patient Visits	211

*Refer to Dental numbers for dental visits

Special Events

The Urbana School Health Center is happy to announce that we are continuing to provide school and sport physicals to all students enrolled in the district to make sure they are in school and ready to learn. We are also providing dental exams to all Urbana School District students. Call us today to make an appointment for either medical or dental: 217.239.4220



The Health Center staff presented information about the services offered at the center to all new teachers of the district, all incoming Freshman at the 9th grade orientation, and the Urbana Rotary Club. These presentations provided us the opportunity to update partners on our progress over the years and to inform students how they can utilize and access the services at the health center.

Adult Prevention & Management of Disease

The adult immunization program serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments. During this time blood pressure checks and casual blood glucose checks are available for walk-in clients.

Immunizations	C-U	Co	Other
Hepatitis A	7	0	0
Hepatitis B	3	1	0
Polio	0	0	0
Meningococcal / Menactra	0	0	0
Meningococcal / Menomune	0	0	0
Mumps, Measles, Rubella	1	0	1
Tetanus and diphtheria	8	2	0
Tetanus, diphtheria and acellular pertussis	3	1	0
Hepatitis A and Hepatitis B	9	1	1
Typhoid	6	3	0
Varicella /chickenpox	2	0	0
Flu/Pneumonia Walk-Ins	0	1	0
BG Check	0	0	0
BP Check	1	0	0



Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 -Ask for Theresa

The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control. In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

IDPCP Enrollment /Reviews 2

Special Events

Health Fair /Events:

There were two events with Diabetes information presented this month. 61 people were served.

Diabetes Outreach meetings

2, 12 clients served

Current results from A1c tests were shared by participants. Several have lower numbers for the first time under 6.5. The members who experienced an increase did reverse their eating patterns. A review of the pancreas with a quiz offered surprising information about location and additional function of an endocrine and exocrine gland. Participants' comments about starting insulin were revealing and helpful. The new scale of comparing A1c to average glucose was used for emphasis for discussion with their next doctor visit.

Community Home Nursing Program offers a skilled nurses assessment and disease management for patients with Diabetes, Hypertension, Coronary Artery Disease, Glaucoma, Cancer, Pain Management, Nutritional, Medication Management and Client Centered education related to disease processes and management.



16 home visits were completed by a Registered Nurse

Services Rendered

Skilled Nurse Assessment: 16

Disease Management- Diabetes, Hypertension, Coronary Artery Disease, Pro-time Management, Glaucoma, Medication Management:16

Day Care Assesments: 16

Champaign-Urbana							
	40 y/o	50 y/o	60 y/o	70 y/o	80 y/o	90 y/o	100 y/o
M	0	0	0	1	1	0	0
F	0	2	0	2	2	0	0

Tobacco Programs

Project TNT is a 10 session program delivered in 5th grade classes. This program is different from most tobacco education curriculums in that it focuses on changing normative beliefs about the prevalence of tobacco use. Further, instead of just giving participants reasons not to use tobacco, it equips participants with decision-making skills as well as effective communication skills.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0	We began one session in the County; will report when completed.
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0	


Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggests.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	2	Total # of people served	2
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0



Freedom from Smoking is a 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0	A Freedom From Smoking class began with 4 clients on 7/29, the class will end in September.
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0	



NOT HERE is a tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	# of Attempts	0	# of Sales	0	We are funded to complete compliance checks 3 out of 4 quarters, none conducted
County	# of Attempts	0	# of Sales	0	



Not On Tobacco (N-O-T) is a 10-week cessation program for youth. In certain municipalities in Champaign County, possession of tobacco products by minors is illegal. This program is offered to the minors instead of paying the fine.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	1	This is a 10 session curriculum, it takes time to complete the program and report graduates, we are holding weekly NOT sessions, and will report as they graduate.
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0	

Smoke Free Illinois compliance is our education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	0
County	# of Complaints	2



REALITY, IL is a program for youth ages 13-18 who are tobacco prevention advocates. We have meetings, events, set up bulletin boards, film commercials, create bus signs and billboards. They hold poster contests for elementary school students.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

Tobacco Education- Age-appropriate tobacco education is provided at schools by request.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

We began several sessions in the County; will report when completed.



Other Education Programs

Nutrition- age-appropriate education is provided to classrooms by request.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0	School out for summer, No request received
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0	



Training Intervention Procedures (T.I.Ps) is an alcohol serving training program. CUPHD partners with The Champaign Police Department to bring this program to area alcohol servers.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0	Both scheduled classes were canceled
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0	

Juvenile Detention Center Outreach- various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. Topics include sexual health, nutrition, and tobacco.

CU	# of times presented (Count complete programs, not sessions)	2	Total # of people served	25
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

Sexually Transmitted Disease Health Education- Age-appropriate health programs are provided by our health educators.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0	School out for summer, No request received
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0	



Health Educators assisted with the Child Safety Seat Inspection Station, a program run through our Division of Maternal and Child Health
Health Promotion team members assisted 4 times in the month



CATCH Programs Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes.

Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	488
Thomasboro Elementary, Thomasboro	202
Unity West Elementary, Tolono	410
Fisher Grade School, Fisher	318

SPECIAL EVENTS

Nikki Hillier and another CATCH trainer trained all of Fisher Grade Schools staff and one of Dr. Howard's staff to implement A Coordinated Approach To Child Health (CATCH) at their school.

On August 7th, we discussed with clients at the farmer's market new ways of cooking fresh foods. We saw 118 clients.

On August 7 and 21, in partnership with HeRMES, we offered school physicals to clients without a medical provider. We served 75 people.

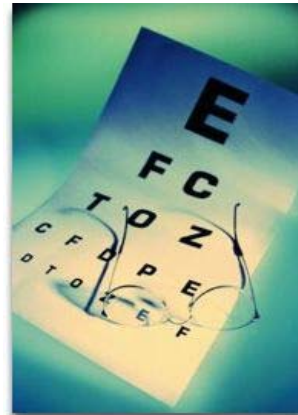
On August 27th, we participated in a clinic for youth to encourage their friends to get screened for Chlamydia. 11 people were served.

We participated in C-U Days, we delivered tobacco education, and fitness fun activities; 50 people were served.

Champaign Urbana Public Health District's (CUPHD) Vision Cooperative offers eye exams and eye glasses to people who have Illinois Public Aid as their insurance. CUPHD Vision Cooperative staff act as the gatekeeper to a coalition of area optometrists and an ophthalmologist who have offered to be a part of this great program. By calling the Lens Line (217-531-5367) a person can receive access to an eye exam by one of the participating licensed eye professional provider and access to the CUPHD eye glass program.

Once a person receives an eye exam and a prescription for eye glasses, the Vision Cooperative schedules the person for eye glass fitting and selection. CUPHD has a wide selection of 49 different eye glass frames that are available in different colors. CUPHD Vision Cooperative is able to bill Illinois Public Aid for the eye glasses and lenses; therefore there is no cost to the client for the eye glass frames and lenses.

Services	C-U	Co.	Other
Adult Glasses Fittings	19	10	6
Adult Glasses Dispensing	25	10	12
Adult Glasses Repair	1	0	0
Total Adults Serviced	45	20	17
Child Glasses Fitting	27	11	9
Child Glasses Dispensing	27	11	9
Child Glasses Repair	1	2	0
Total Children Serviced	55	24	18
Total Clients Serviced	100	44	35
Appointment No-Shows	17	6	5
Appointments Cancelled	0	0	0
Appointments Rescheduled	3	0	0
Total # Glasses Received	86		
Referrals made to optometrist/ophthalmologists	160		



Total Clients Serviced
179

Child Vision and Hearing Screening The CUPHD Hearing and Vision Screening Program provides state-mandated hearing and vision screening to licensed day care, preschools, public schools and parochial schools. CUPHD employs a state certified auditory and vision technician

Hearing									
Pre K					School Age				
	C-U	Co.	Other	Total	C-U	Co.	Other	Total	
Screened	15	22	0	37	5	0	0	5	
Rescreened	0	0	0	0	0	0	0	0	
Threshold	0	0	0	0	0	0	0	0	
Referred	0	0	0	0	0	0	0	0	

Vision									
Pre K					School Age				
	C-U	Co.	Other	Total	C-U	Co.	Other	Total	
Screened	16	22	0	38	5	0	0	5	
Rescreened	0	0	0	0	0	0	0	0	
Referred	0	0	0	0	0	0	0	0	
w/ Glasses	0	0	0	0	0	0	0	0	
w/ Glasses referred	0	0	0	0	2	0	0	2	

Illinois Breast and Cervical Cancer (IBCCP) contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	361	216	390	333	1300
New Clients Enrolled	19	17	10	7	53
Provider & Community Outreach	20	12	73	21	126



*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division staff participate on the following coalitions and community meetings

Monthly Meetings

- Champaign County Tobacco Prevention Coalition
- Human Services Council
- Champaign-Urbana Campus Community Coalition
- Regional Prevention Group
- Unity West Wellness Committee Meeting
- Coalition for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Illinois Coalition for School Health Centers
- National Assembly for School Health Care
- Coordinated School Health Grantee Meeting

Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com

Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer	Cathy Propst Program Coordinator	531-2916
Health Promotions Vision-Cooperative/ Hearing & Vision	Nikki Hillier Program Coordinator	531-2914
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Heidi Britton Program Coordinator	531-2890

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://www.cuphd.org/chronicdisease.html>

<p style="text-align: center;">Dental Hygienists Amanda Wright Michelle Kramer Jill Hart</p>	<p style="text-align: center;">IBCCP Intake Specialists Kathy Reardon Amanda Ziemnsky Louise McClintock</p>	<p style="text-align: center;">Dentist Dr. Jim Wahl Dr. Grenda</p>
<p style="text-align: center;">Health Educators Jennifer Jackson Kari Schweighart Becky Black</p>	<p style="text-align: center;">Nurses Theresa Truelove Judy Krumwiede</p>	<p style="text-align: center;">Dental Assistants Marda Keys Susan Scheffer</p>
<p style="text-align: center;">Volunteers Niketa Patel Nedra Brown Shirley Newman Dan Seung Min Jung Virginia Young Ryan Lim</p>	<p style="text-align: center;">Administrative Assistants Maria Capps Pam Simmons Dee Phillips</p>	<p style="text-align: center;">Interns Melissa Poole</p>