



**Public Health**  
Prevent. Promote. Protect.

**Champaign-Urbana Public Health District**

## Division Of Wellness & Health Promotion

**February 2008 REPORT**

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**CUPHD Dental Program**

Champaign-Urbana Public Health District's Dental Clinic is located at 201 W. Kenyon Road, Champaign and sees children ages 3-18 enrolled in Champaign or Urbana School Districts. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions.

We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-531-4279 for an appointment.

**February Visits**

	C-U	Co.
New Patient	45	2
Visits by Patients of Record	194	21
Total Patient Visits	239	23

**Procedures**

Total Procedures Performed	705
Average Procedures per Patient	2.69

**Adult Patients**

Adult Patients Scheduled	18
Adult Patients Visits	14

**Number of Days Clinic Open** 18

**School Sealant Visits**

Total Children Seen in Schools	170
Total Sealants Placed	276

**Upcoming Events:**

The dental team will be at the following Champaign schools for exams, cleanings, fluoride, and sealants:

March 11: Garden Hills Elementary

March 25: Franklin Middle School

April 15: Edison Middle School

April 29: Stratton Elementary

**Dental Education Puppets were recently purchased with a grant from Delta Dental. The puppets will be used in area schools during oral health presentations. CUPHD hopes to do presentations for all Kindergarten, 2nd, & 6th grade students in Champaign & Urbana in 2008.**



On February 25th WCIA featured CUPHD Dental during the morning show. James Wahl, DDS with CUPHD and Amanda Wright, RDH, and Alicia Ekhoﬀ, CUPHD Dental Program Coordinator talked about the School Dental Visit Program. CUPHD Dental will visit 21 schools in Champaign and Urbana this year to provide exams, cleanings, Fluoride varnish treatments, and dental sealants to Kindergarten, 2nd, and 6th grade students. In 2007 over 700 students were seen in the schools and over 900 sealants were placed. CUPHD Dental strives to provide dental treatment tunderserved children who might not, otherwise, have the opportunity to see a dentist.

For more information, please contact:  
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 Dental Program Coordinator  
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CUPHD Division of  
 Wellness Health Promotion  
[www.cuphd.org/chronicdisease.html](http://www.cuphd.org/chronicdisease.html)  
 February 2008 Board Report

### Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

February Visits	C-U	Co.
New Patient	37	3
Visits by Patients of Record	112	3
Total Patient Visits	149	6
<b>Procedures</b>		
Total Procedures Performed	452	
Average Procedures per Patient	2.92	
<b>Number of Days Clinic Open</b>	15	

#### CUPHD Dental visited the following Urbana Schools

during February to provide exams, cleanings, fluoride varnish treatments, and dental sealants:

- Urbana Middle School
- Prairie Elementary
- Wiley Elementary

#### Upcoming Events:

The dental team will be at the following Urbana schools for exams, cleanings, fluoride, and sealants:

- April 8: Yankee Ridge Elementary
- May 6: Martin Luther King Elementary

Thank you to Carle Foundation for a generous donation that allowed the dental clinic located in Urbana Student Health Center to purchase much needed dental equipment. The Urbana Student Health Center operates a full service dental clinic to Urbana school children 5 days per week and provided over 1,600 dental encounters in 2007. The purchase of 5 new hand pieces will allow the clinic to run much more efficiently.



CUPHD is a member of IFLOSS.  
For more information, please visit:  
[www.ifloss.org](http://www.ifloss.org)

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**The Urbana School Health Center (USHC)** consists of a partnership of local agencies dedicated to the health and well being of children. Services provided at USHC are available to ALL students of the Urbana School District. Services are available during the child's school day, allowing for consistent, convenient, carefree medical, dental, and mental health services - from routine exams and procedures to acute care issues stemming from injuries or chronic disease conditions to counseling and wellness programs - USHC's community care approach ensures children the best care possible - away from home.



There are currently 3223 students enrolled in the program, 60% of the Urbana School District

**Medical - A Partnership with Frances Nelson Health Center**

**Visits**

New Patient	34
Visits by Patients of Record	140
Total Patient Visits	174

**Mental Health - A Partnership with Mental Health Center for Champaign County**

Regular clients seen weekly	35
Total seen in February	40

\*Refer to Dental numbers for dental visits

**Special Events**

- March 18th** - Spring Break school physicals and dental exams for all 8th graders
- March 25th** - Taste Test Tuesday
- April 9th** - Advocacy Day with our Youth Advisory Council "YAC"



Thank you to our Interns from University of Illinois for decorating the bulletin board at the High School

### Adult Prevention & Management of Disease

The adult immunization program serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments. During this time blood pressure checks and casual blood glucose checks are available for walk-in clients.

Immunizations	CU	Co	Other
Hepatitis A	6	0	0
Hepatitis B	4	1	0
Polio	3	0	0
Meningococcal / Menactra	0	0	0
Meningococcal / Menomune	0	0	0
Mumps, Measles, Rubella	2	0	0
Tetanus and diphtheria	5	0	0
Tetanus, diphtheria and acellular pertussis	2	1	0
Hepatitis A and Hepatitis B	3	2	0
Typhoid	5	2	0
Varicella /chickenpox	1	0	0
Flu/Pneumonia			
Walk-Ins	9	1	0
BG Check	0	0	0
BP Check	1	0	0

Adult and Travel vaccines are available Mon.& Wed. by appointment. Call 531-2922 -Ask for Theresa

The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control .In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

Diabetes Life Lines newsletter Dec/Jan	250
IDPCP Enrollment /Reviews	3

**Diabetes Outreach meeting** took place at Round Barn Senior Hi-Rise and Washington Square with 16 people in attendance. Themes for discussion were heart health, women and heart disease, warm-ups, cool downs, and Kegal exercises.

**Health Fair /Events:** There were four health fairs we participated in with a total of 880 attending.

**Community Home Nursing Program** offers a skilled nurses assessment and disease management for patients with Diabetes, Hypertension, Coronary Artery Disease, Glaucoma, Cancer, Pain Management, Nutritional, Medication Management and Client Centered education related to disease processes and management.

48 home visits were completed by one of CUPHD's Registered Nurses

C-U	Co
45	3

**Services Rendered:**

Skilled Nurse Assessment: 48

Disease Management- Diabetes, Hypertension, Coronary Artery Disease, Pro-time Management, Glaucoma, Medication Management: 48

Day Care Assessments: 7

Champaign-Urbana							
	40 y/o	50 y/o	60 y/o	70 y/o	80 y/o	90 y/o	100 y/o
M	0	0	0	8	3	0	2
F	0	3	2	8	16	3	0

County							
	40 y/o	50 y/o	60 y/o	70 y/o	80 y/o	90 y/o	100 y/o
M	0	0	0	0	0	0	0
F	0	0	0	0	3	0	0

## Tobacco Programs

**Project TNT** is a 10 session program delivered in 5th grade classes. This program is different from most tobacco education curriculums in that it focuses on changing normative beliefs about the prevalence of tobacco use. Further, instead of just giving participants reasons not to use tobacco, it equips participants with decision-making skills as well as effective communication skills.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	3	Total # of people served	73
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0

**Break the Habit** is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggests.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	3	Total # of people served	3
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0

**Freedom from Smoking** is a 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	1	Total # of people served	3
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0

**NOT HERE** is a tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	# of Attempts	3	# of Sales	1
County	# of Attempts	1	# of Sales	1

**Not On Tobacco (N-O-T)** is a 10-week cessation program for youth. In certain municipalities in Champaign County, possession of tobacco products by minors is illegal. This program is offered to the minors instead of paying the fine.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	1
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

**Smoke Free Illinois compliance** is our education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	4
County	# of Complaints	9

**REALITY, IL** is a program for youth ages 13-18 who are tobacco prevention advocates. We have meetings, events, set up bulletin boards, film commercials, create bus signs and billboards. They hold poster contests for elementary school students.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0
County	# of times presented (Count complete programs, not sessions)	1	Total # of people served	7

**Tobacco Education-** Age-appropriate tobacco education is provided at schools by request.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0





## Other Education Programs

**Fight the Flu** is an interactive hands-on presentation for grade schoolers to teach them how germs are spread and the importance of “doing it in your sleeve.”

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

**Training Intervention Procedures (T.I.Ps)** is an alcohol serving training program. CUPHD partners with The Champaign Police Department to bring this program to area alcohol servers.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	27
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

**Juvenile Detention Center Outreach-** various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. Topics include sexual health, nutrition, and tobacco.

CU	# of times presented (Count complete programs, not sessions)	2	Total # of people served	12
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

**Reproductive Health-** Age-appropriate sexual health programs are provided by our health educators, topics include puberty, self-image, sexually transmitted infection, and contraception.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	19
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

**CATCH Programs** Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes.

Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	488
Thomasboro Elementary, Thomasboro	202
Unity West Elementary, Tolono	410

Health Educators assisted with the Child Safety Seat Inspection Station, a program run through our Division of Maternal and Child Health

Health Promotion team members assisted 2 times in the month of February

### SPECIAL EVENTS

Cunningham Children' Home Wellness Fair 225 attending

Faith United Methodist Church Health Fair 200 attending

Urban School District Cultural Fair 200 attending

Champaign Central High School sent a nice letter in appreciation of the work Kari Schweighart and Jennifer Jackson did at the school recently. Thank you Jennifer and Kari!

**The CUPHD mobile unit** brings vital health services to people in their own neighborhoods. The CUPHD mobile provides health screenings, education and access to other CUPHD health programs. Referrals into other community health service organizations are also a high priority.

Dates	Locations	Community	# Seen	Collaborations
Feb 6th	Prairie Green	Urbana	0	
Feb 6th	Scottswood	Urbana	2	
Feb 7th	Dobbins Downs	Champaign	4	Planned Parenthood
Feb 7th	Town Center	Champaign	8	
Feb 13th	Country View/Ehler Park	Urbana	1	Planned Parenthood
Feb 14th	Woodland Acres	Urbana	5	Planned Parenthood
Feb 15th	Restoration Urban Ministry	Champaign	10	



**Total # of people seen: 30**

**Total # of people seen YTD: 750**

**Clinical Services**

HIV	5	Blood Pressure	6
Gonorrhea /Chlamydia	5	Glucose	0
Syphilis	5	Prostate Antigen Screening	1
Vision Cooperative- Fitting	0	Flu Vaccinations	0
Vision Cooperative -Dispensing	1	Pneumonia Vaccination	0
Pregnancy Test	0	Other	2

**Total # of Clinical Services: 25**

**Total # of Clinical Services YTD: 317**

CUPHD Referrals	
HIV Care	0
STD Clinic	2
WIC	0
Eye Care/CUPHD Vision Cooperative	4
Harm Reduction Services	0
IBCCP	0
TB Care	0
Dental	2
Hepatitis Vaccinations	0
Travel Clinic	0
Smoking Cessation	0
Urbana School Based Clinic	0
All Kids / IPA / Public Aid	0

Community Resource Referrals	
Mental Health	6
Health Clinic-Champaign County Christian	6
Francis Nelson Health Center	1
Domestic Violence	0
Emergency Room	1
Food Assistance	0
Substance Abuse	0
Clothing Assistance	0
Shelter/Housing Assistance	0
Township/Utility Assistance	0
Child Assistance	0
Planned Parenthood	2
Regional Planning	0
Champaign County Health Care Consumers	5
The Reading Group	0

**Total # of Referrals : 29**

**Total # of Referrals YTD: 697**

**Educational**

HIV Care	0	Substance Abuse	1
STD Education	3	Prevent Blindness	0
IBCCP	4	American Cancer Society	0
Smoking Cessation	2	Planned Parenthood	2
Emergency Preparedness	2	Regional Planning	1
Domestic Violence	0	Diabetes Education/American Diabetes Associatic	1
WIC	0	Heart Disease- American Heart Association	1
Family Planning	0	Asthma/ American Lung Association	0
Eye Care/CUPHD Vision Cooperative	3	Other	0

**Total # of Educational services provided: 20**

**Supplies: Total packets of condoms given: 4**

**Total # of Educational services provided YTD: 23**

**The CUPHD mobile in the county** is on the road to a variety of county community locations. A number of residential areas, as well as organizations such as senior centers and village halls are among regular monthly visit sites.

Dates	Locations	Community	# Seen	Collaborations
Feb 5th	Seymour	Seymour	0	Regional Planning
Feb 5th	Candlewood Estates	Mahomet	5	Regional Planning
Feb 13th	Ludlow Community Center	Ludlow	5	Regional Planning
Feb 13th	Heritage Estates	Rantoul	4	Regional Planning and Planned Parenthood
Feb 14th	The Oaks	Tolono	8	Regional Planning



**Total # of people seen:** 22

**Total # of people seen YTD:** 125

**Clinical Services**

HIV	2	Blood Pressure	7
Gonorrhea /Chlamydia	2	Glucose	3
Syphilis	2	Prostate Antigen Screening	2
Vision Cooperative- Fitting	0	Flu Vaccinations	0
Vision Cooperative -Dispensing	0	Pneumonia Vaccination	0
Pregnancy Test	0	Other	4

**Total # of Clinical Services:** 22

**Total # of Clinical Services YTD:** 47

CUPHD Referrals	
HIV Care	0
STD Clinic	0
WIC	0
Eye Care/CUPHD Vision Cooperative	4
Harm Reduction Services	0
IBCCP	2
TB Care	0
Dental	2
Hepatitis Vaccinations	0
Travel Clinic	0
Smoking Cessation	2
Urbana School Based Clinic	2
All Kids / IPA / Public Aid	0

Community Resource Referrals	
Mental Health	5
Health Clinic-Champaign County Christian	4
Health Center	0
Domestic Violence	1
Emergency Room	0
Food Assistance	0
Substance Abuse	0
Clothing Assistance	0
Shelter/Housing Assistance	0
Township/Utility Assistance	0
Planned Parenthood	1
Job Training	1
Regional Planning	1
Champaign County Health Care Consumers	3
The Reading Group	0

**Total # of Referrals:** 28

**Total # of Referrals YTD:** 65

**Educational**

HIV Care	0	Substance Abuse	0
STD Education	3	Prevent Blindness	0
IBCCP	0	American Cancer Society	0
Smoking Cessation	1	Planned Parenthood	1
Emergency Preparedness	0	Regional Planning	3
Domestic Violence	0	Diabetes Education/American Diabetes Associati	2
WIC	0	Heart Disease- American Heart Association	2
Family Planning	1	Asthma/ American Lung Association	0
Eye Care/CUPHD Vision Cooperative	1	Other	0

**Total # of Educational services provided:** 14

**Total # of Educational services provided YTD:** 14

**Supplies:** Total packets of condoms given: 4

**Champaign Urbana Public Health District's (CUPHD) Vision Cooperative** offers eye exams and eye glasses to people who have Illinois Public Aid as their insurance. CUPHD Vision Cooperative staff act as the gatekeeper to a coalition of area optometrists and an ophthalmologist who have offered to be a part of this great program. By calling the Lens Line (217-531-5367) a person can receive access to an eye exam by one of the participating licensed eye professional provider and access to the CUPHD eye glass program.

Once a person receives an eye exam and a prescription for eye glasses, the Vision Cooperative schedules the person for eye glass fitting and selection. CUPHD has a wide selection of 49 different eye glass frames that are available in different colors. CUPHD Vision Cooperative is able to bill Illinois Public

Services	C-U	Co.	Other
Adult Glasses Fittings	23	7	5
Adult Glasses Dispensing	14	6	1
Adult Glasses Repair	3	0	0
<b>Total Adults Serviced</b>	<b>40</b>	<b>13</b>	<b>6</b>
Child Glasses Fitting	47	15	13
Child Glasses Dispensing	18	10	9
Child Glasses Repair	2	0	0
<b>Total Children Serviced</b>	<b>67</b>	<b>25</b>	<b>22</b>
<b>Total Clients Serviced</b>	<b>107</b>	<b>38</b>	<b>28</b>
Appointment No-Shows	6	12	2
Appointments Cancelled	3	1	0
Appointments Rescheduled	2	4	2
<b>Total # Glasses Received</b>	<b>48</b>	<b>0</b>	<b>0</b>



Total Clients Serviced for February  
173

Referrals made to optometrist/ophthalmologists 104 12 9

### Child Vision and Hearing Screening

The CUPHD Hearing and Vision Screening Program provides state-mandated hearing and vision screening to licensed day care, preschools, public schools and parochial schools. CUPHD employs a state certified auditory and vision technician

#### Hearing

	Pre K				School Age			
	C-U	Co.	Other	Total	C-U	Co.	Other	Total
Screened	22	30	0	52	21	25	0	46
Rescreened	0	0	0	0	0	0	0	0
Threshold	0	0	0	0	0	0	0	0
Referred	0	0	0	0	0	0	0	0

#### Vision

	Pre K				School Age			
	C-U	Co.	Other	Total	C-U	Co.	Other	Total
Screened	22	30	0	52	21	17	0	38
Rescreened	0	0	0	0	0	0	0	0
Referred	1	0	0	1	1	1	0	2
w/ Glasses	0	0	0	0	0	2	0	2
w/ Glasses referred	0	0	0	0	0	0	0	0

**Illinois Breast and Cervical Cancer (IBCCP)** contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	321	172	337	302	1132
New Clients Enrolled	9	8	9	8	34
Provider & Community Outreach	74	11	161	0	246

**Special Events:**

IBCCP staff provided an educational materials and staffed a booth at the Illinois Heart and Lung Foundation Women's Health Fair in McLean County on 2/26. This conference has approximately 1500 attendees.



\*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

**Division staff participate on the following coalitions and in the community meetings**

**Monthly Meetings**

Champaign County Tobacco Prevention Coalition  
Human Services Council  
Champaign-Urbana Campus Community Coalition  
Regional Prevention Group  
Unity West Wellness Committee Meeting  
Coalition for Comprehensive Sex Education  
Illinois Health Cares about Domestic Violence  
Illinois Coalition for School Health Centers  
National Assembly for School Health Care

**Please check out our informational websites.**

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

[http://www.cuphd.org/diabetes\\_resources.html](http://www.cuphd.org/diabetes_resources.html)

<http://www.cuphd.org/ccsafekids/>

**Wellness & Health Promotion  
Contacts**

**217-373-7901**



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer	Cathy Propst Program Coordinator	531-2916
Health Promotions	Nikki Hillier Program Coordinator	531-2914
Mobile/ Vision Coop-Eyeglass/ Hearing & Vision	Tamie Nagrodski Program Coordinator	531-4332
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Heidi Britton Program Coordinator	531-2890

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://www.cuphd.org/chronicdisease.html>

<p><b>Dental Hygienists</b> Amanda Wright Michelle Kramer Jill Hart</p>	<p><b>IBCCP Intake Specialists</b> Kathy Reardon Amanda Ziemnsky Louise McClintock</p>	<p><b>Dentist</b> Dr. Jim Wahl Dr. Yu-hsien Mandy Huang Dr. Grenda</p>
<p><b>Health Educators</b> Jennifer Jackson Kari Schweighart</p>	<p><b>Nurses</b> Carole Murphy Theresa Truelove Judy Krumwiede -IBCCP Casemanager</p>	<p><b>Dental Assistants</b> Marda Keys Susan Scheffer</p>
<p><b>Mobile Assistant</b> Isabel Lago <b>Health Tech</b> Becky Black</p>	<p><b>Administrative Assistants</b> Maria Capps Pam Simmons Dee Phillips</p>	<p><b>Interns</b> Megan Doheny Kevin Meier Jessica Sonnefeldt Stephanie Chellee Alison Perle</p>